

# BURY EST

## Employment, Support and Training

### Case Study

Jack is a young man with Asperger's Syndrome, Anxiety and OCD who was referred to Bury EST for support in finding paid part-time employment.

Bury EST have worked with Jack to build up his confidence, independence and employability skills. Bury EST also supported Jack to develop his independent travel skills by providing 1:1 travel training sessions. Jack is now able to travel independently and has also passed his driving test.

After completing several admin work placements Jack applied for a position with Bury Council successfully and was offered part-time employment.



#### **Comments from Jack:**

*"When I first came to Bury EST I was not able to travel independently on public transport, had difficulty interacting with other people and did not have many work based skills but due to the training and support I received from Bury EST I have improved in my ability to travel independently, am comfortable in talking to other people and I am confident in my admin abilities to the point where I now feel that I can make this my career."*

#### **Comments from Naomi Smith, Manager, Falcon & Griffin:**

*"Jack has adapted very well to office working. He has become a valued member of the Team. I met Jack when he attended a mock interview with his Support Worker. He excelled himself and had lots of work experience. His Support Worker from BEST was very professional and supportive of Jack and he was comfortable in her presence.*

*Jack has been a breath of fresh air and will try any work we ask him to do. He has helped us out lots with our computers and this has been a massive help. I have noticed that Jack's confidence has improved and he will now openly start and join in conversations. We will continue to help develop Jack's skills."*